A message from a Catholic Priest about the RECLAIM Recovery Program . . .

Any good confessor is always on the lookout for effective and reliable resources to practically help people who come to us for pastoral advice and spiritual direction. I am writing to you at this time to let you know how delighted I was to come upon RECLAIM Sexual Health Recovery Program – Powered by Candeo, when I was looking for resources that I could recommend for people struggling with a wide array of issues pertaining to sexual purity: habitual masturbation, use of pornography, and other forms of ‘acting out’ behavior that is not compatible with a Christian or Catholic understanding of the purity to which each believer is called.

In my conversation with fellow priests, we are aware of many good and sincere people who often desperately struggle over and over again to rid themselves of deeply engraved habits along these lines. Of course, the ascetical traditions of the Church, regular use of the Sacrament of Reconciliation and prayer are helpful in many of these cases.

Through your materials, I have found in my work, as a pastor and a confessor, that the insights offered by recent research into brain science can augment and empower the process of acquiring new habits, and give people control over their choices by showing them practical and effective ways to honestly face their temptation, and then replace these frequently overpowering fantasies with wholesome images and more edifying thoughts. This process then deepens the healing by concretely showing people how to connect with others in morally desirable and affirming ways, building healthy relationships and performing corporal works of mercy, which further weaken unwanted and immoral habits and thoughts.

I must tell you how impressed I have been with the power of this approach, developed by Candeo, and brought to the Catholic community by Elizabeth Ministry International through RECLAIM Sexual Health Recovery Program. The reports I have been getting from those I serve have affirmed that the Church’s high standards of purity are also practical and easy to grasp and put into practice through this online recovery program.

I do not think I am exaggerating when I say that I believe your approach will save many marriages and many souls.

God bless,
Fr. Robert Sirico
President and Co-Founder of the Acton Institute

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Rev. Robert Sirico
President and Co-Founder of the Acton Institute talks about the RECLAIM Sexual Health Recovery Program
A message from a husband whose wife was divorcing him because of pornography and infidelity . . .

I’m a 62 year old business owner from Illinois. I’ve been married for 42 years and have struggled with infidelity for the past 8 years and pornography for much longer. I have been to many therapists and counselors, and even on medications. Nothing helped me. Not until I was faced with a final divorce, happening within 3 weeks, did I realize I was at my end! Just at that critical time, a friend saw Jeannie & Bruce Hannemann, from Elizabeth Ministry International, on EWTN and gave me a copy of the show. It was on pornography. I called Elizabeth Ministry International first thing the next morning and learned about the RECLAIM Sexual Health recovery program. I enrolled in RECLAIM Sexual Health and for the first time, I had real hope that I could be cured. This program makes total sense. It works! My wife has stopped our divorce in the courts. With God and her support we are making it! I can be the person I want to be.

God Bless, Jim

A message from his wife who was divorcing him because of pornography and infidelity . . .

When I learned of my husband’s addiction to pornography and long-term infidelity, I was devastated. I was afraid for my husband’s soul because of these terrible sexual sins. Knowing each other from 8th grade, and married in the Catholic Church for almost 42 years, made his double life so extremely painful. After 3 ½ years of seeking all sorts of help from doctors, counselors, priests, etc., my husband never stopped his behavior. My health began to deteriorate, the destruction in the family grew worse, until I felt I had no other option than to file for divorce. This decision was a struggle for me.

With only a couple weeks to spare, before the divorce would become final, a friend gave my husband and I a DVD that he insisted we needed to watch because it was about pornography and infidelity. It had recently aired on EWTN Catholic Network TV (Women of Grace Show). What we learned gave us real hope! Factual evidence from top scientists show actual brain damage to those involved in pornography that is similar to drug abuse damage! While my husband and I watched, I was crying, because I knew all of the symptoms of my husband’s behavior, that the couple from Elizabeth Ministry International, Jeannie and Bruce Hannemann, were explaining, were exactly my husband! They revealed many healings were taking place because of an online recovery program called RECLAIM Sexual Health.

I want to tell everyone that along with the healing present to us in the Sacraments of Confession and the Eucharist, the Rosary, etc., the recovery program called RECLAIM Sexual Health actually WORKS! I have stopped the divorce, my husband is faithfully working the program, and the RECLAIM program is even helping me heal by providing support, lessons and teaching for wives. In fact, the whole family is addressed, if wanted, as we are all in need of healing from this destructive addiction.

My husband and I have found healing through the RECLAIM Sexual Health program. It has been real work on both our parts; for him, conquering and replacing temptations and bad habits with the good, and for me, it’s using the program to replace bad memories, bitterness, triggers of all kinds that cause me fear, with real forgiveness and peace. That is the FACE IT and REPLACE IT part of the RECLAIM Sexual Health recovery program. The 3rd part is called CONNECT, which in my mind is totally Catholic teaching, and I love this part! RECLAIM Sexual Health teaches that immediately after the practice of the first two, you connect by doing a good deed as soon as you can. If it can’t be immediate to the one who causes a specific trigger, you do it by helping someone else, a prayer, an act of kindness, even a smile, anything, but FRC (Face it, Replace it, Connect) is a very important key to the program. I immediately thought of the quote “It is in giving that we receive.” We are re-learning how to talk to each other; about the root causes, or what was a particular challenge of the day, or a success of the day. That is very beautiful and so welcome!

I encourage everyone in this situation to check out RECLAIM Sexual Health and find out the actual brain science of why this unhealthy sexual behavior can be stopped. This “Addiction of all Addictions,” as the Church is calling it, is the leading destroyer of marriages and families. Catholics need to get this information out! Because of RECLAIM Sexual Health, we now have hope that real healing is possible, and a new weapon for fighting this addiction and saving souls has been revealed to us!

Sincerely, Kathy

Learn more at www.ReclaimSexualHealth.com or call 920-766-9380.
(RECLAIM is a program of Elizabeth Ministry International)