Transforming Programs Worksheet

**Purpose:** This worksheet is designed to help you prayerfully discern how to infuse authentic discipleship training into the current programs you have. This is not an easy process, nor will you be able to accomplish it without a great cost of time and effort. The fruits of this transition must be the development of authentic disciples of Jesus Christ who can evangelize and replicate themselves.

**Springs of Living Water** - Jesus taught us, through the story of the Samaritan Woman that we should all become springs of living water. That is to say, that each disciple should have the Holy Spirit flowing through them so that others may be united with God by union with the Spirit. They are grounded in Christ through consistent development in the spiritual disciplines. (Acts 2:42)

**First Things First** - It begins with transforming you!

1. The first step is to regain our own spiritual discipline. Examine which of the following fundamental disciplines you are doing well in and which need to be strengthened. Create a plan.

   - **Daily Prayer:** ____ Good, ____ Need - When?____________________ Where?____________________
   - **Scripture:** ____ Good, ____ Need - When?____________________ Where?____________________
   - **Sacraments:** ____ Good, ____ Need - When?____________________ Where?____________________
   - **Community:** ____ Good, ____ Need - When?____________________ Where?____________________

2. What are the sinful battles that you have not gained self mastery over? Ask the Spirit how you proceed in addressing these issues. What brother will you enlist to help you with these?

   - What? _______________________________________  Who? ______________________________
   - What? _______________________________________  Who? ______________________________
   - What? _______________________________________  Who? ______________________________

3. Regardless of our knowledge, skills, or experience, the enemy will always strike us at our wounds. Until we bring them to the light of truth and dispose them to the Spirit’s healing love, we will be vulnerable. Often times these wounds are connected to our habitual sins. Ask the Spirit to reveal those wounds and direct you to which one He is prepared to heal first. Rank the intensity of fear in it.

   - Wound: ________________________________________________________ Fear 1-10________
   - Wound: ________________________________________________________ Fear 1-10________
   - Wound: ________________________________________________________ Fear 1-10________

   **Note:** If you are struggling to find some of these wounds, look for strong negative emotions like shame, guilt, abandonment, failure, anger, hatred, unforgiveness. Ask the Holy Spirit to reveal to you where these emotions are coming from and trust where He takes you. If we are not free to go anywhere in our past, then we are bound and love is not able to flow freely through our hearts to others!

**Preparing To Share Your Water** - Before we ever move out with the Gospel we must always ask the Holy Spirit for direction. We tend to march ahead of God and then go back and ask him to bless our efforts. Make if your virtue to go to God for every ministry action you take.
Identifying Candidates for Growth - A mature disciple of Christ must be able to both evangelize (lead individuals to connect with the Holy Spirit) and disciple them (to train them up into mature disciples). Ask the Spirit to reveal those people he has placed in your path for either Evangelization or Discipleship Training. (E or DT)

Name: _________________________________________ Need: _____ E and (or) _______DT
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Name: _________________________________________ Need: _____ E and (or) _______DT

Preparing for Candidate - Once you have identified those people it is important to enfold them in the arms of the Spirit by bathing them in prayer. We often go through actions of ministry without effectively praying for the individuals who are receiving the ministry. The battle is always won in the prayers said before the ministry! While praying for them, ask the Spirit to reveal to you specific steps for inviting them into the process. He always promises to give us the words we need. Often, we just don't ask him for them.

Understanding the Steps - If we can't give what we don't have then we must attain what we need to lead others to him and help them mature in authentic faith (trust in God). Below, is a list of points for Evangelization and Discipleship Training. Examine these and ask the Spirit to show you which ones you need to study and practice sharing with others.

Evangelization:
Simple Gospel Message - Four Spiritual Laws ______________________________ Need more work____
Proper Disposition - ______________________________________________________ Need more work____
Repentance - _____________________________________________________________ Need more work____
Baptism - ______________________________________________________________ Need more work____
Response - Led to enact their free will (ratify their Baptismal "Yes") Pray for conversion! _______

Look for the evidence of the "Gift of the Holy Spirit"
   a. ____ Natural Evidence - Fruits of Holy Spirit (Galatians 5)
   b. ____ Supernatural Evidence - Gifts of the Holy Spirit) (Isaiah 11, I Cor. 12)

Note: If there is no evidence of the Spirit's presence then go back and evaluate with them what they want from God, are they willing to give of themselves completely and are they ready to change their lives to make room for growing closer to God.

Discipleship Training - This process is critical! A newborn needs constant care and nurturing after birth. A newborn in faith also needs someone to walk them through the journey of infancy of faith. Your job is to provide guidance and care for them while they learn to receive that from the Holy Spirit. Take them back through your "First Things First" section and provide them with love, guidance, accountability and prayer. Your immediate mission is to ground them in the disciplines and when you sense (from the Spirit) that they are ready to go deeper give them what the Spirit commands you. Trust that he will lead you to the proper content at the proper time.