We must go up↑ before we go out↔!

Busy or Blessed?

We must go up↑ before we go out↔!

Disciple...then minister

Discipleship.....then ministry

We meet in the middle....where Christ is!

Bible

"So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.”

2 Corinthians 4:18
Compass

Directions are temporary, north is eternal...

The photo is temporary, the memory is eternal.

We live our lives through a lens

Mirror

What is seen in the mirror is ever changing, but when we put on Christ and live from the inside out, it is eternal!

Balance

<table>
<thead>
<tr>
<th>Up</th>
<th>Out</th>
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</thead>
<tbody>
<tr>
<td>Unseen</td>
<td>Seen</td>
</tr>
<tr>
<td>Disciple</td>
<td>Minister</td>
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<tr>
<td>Follower</td>
<td>Leader</td>
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<tr>
<td>Loved</td>
<td>Lover</td>
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<td>Reader</td>
<td>Teacher</td>
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<tr>
<td>Memory</td>
<td>Image</td>
</tr>
<tr>
<td>Reflection</td>
<td>Reflector</td>
</tr>
</tbody>
</table>

Joy

Check your joyfuel gage!
We are first joyful disciples...then joyfilled ministers. How can our joy overflow?
What makes you happy?
Visioning

SOUL: We are Called!

- Soul Food: Your yes means nothing if you never say no.
- Family Balance: Your vocation is your family!
- Social Life Balance: What makes us happy? If you need to plan it into your schedule do it!
- Ministerial support: Get together with other ministers often - fun AND planning days.

MIND: Balancing Act: Teeter Totter or Tight Rope?

- Balancing Act - Designated days.
- Creativity - Take the time and use your resources, books, family AND friends. Avoid reinventing the wheel.
- Perspective - Letting go of quantity vs. quality.
- Ego - This is HIS ministry not ours. Our titles are ministers not ROCK STAR!
- Motive - Check and re-check, prune, simplify.
- Knowledge/formation - They don't care what you know until they know that you care. More is caught than taught, they want relationship and experience.
- Be an arrow - Pointing to Jesus; nothing should point back to us.

- STRICT boundaries knowing that you may not be able to keep them.
  - No phone calls at home.
  - Take off one full weekend a month.
  - Plan your vacations out for the year, even if you are not going out of town.
  - Two days off a week!!!
  - No checking emails or voicemail at home.
  - Be present - to your family, your ministry, your prayers.

- People before plans - people before papers.
- Trusting our gifts - You are called and chosen!

Open Up...

What is one concrete action I will do tomorrow to show my discipleship?
What is one concrete action I will take to better my ministry?
Within the next month, I will try really hard to....

Mary MacKillop

So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

2 Corinthians 4:18
Together: Let our discipleship be about following you,
About seeking our vocation so we can better serve you,
About nurturing our soul and being disciplined,
Let our discipleship be about YOU.

Together: Let our ministry be intentional,
About loving then leading,
About reflecting Christ’s love,
Let our ministry be about YOU.

Together: God grant us the serenity to accept the calling we
cannot change,
The courage to set our to-do lists free,
And the balance to know the difference.
Knowing that where we are, there you will be.
Amen.

We are never the same at the end of the day as we were
when we woke up...because when we open our eyes
we are forever changed.

We must go up↑ before we go out↔!

Interested in inspirational, motivational, educational, and
relational retreats and training workshops?
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